

**Teeth whitening tutorial:** <https://www.youtube.com/watch?v=7FUBIqC9Xwk>

**Answer the following questions**

What ingredients are needed to whiten your teeth?

How much of the stuff is needed?

Why does she use toothpaste on top of the stuff?

How often does she whiten her teeth?

What does the process do to your teeth?

How do your teeth look after brushing them?

**True or false? Justify your answer**

Using straight baking soda is more efficient than mixing it with toothpaste.

Baking soda is scarce (*rare*).

Only a few people can afford the teeth whitening process.

The whitening process requires a different teeth brushing technique.

**Fill in the blanks**

You can brush it with \_\_\_\_\_, but it tastes \_\_\_\_\_. I tried this at first with just the \_\_\_\_\_ & it only \_\_\_\_\_ me & I couldn't do it, so what I \_\_\_\_\_ do is put my toothpaste \_\_\_\_\_ and I use this \_\_\_\_\_ whitening toothpaste & I just put my toothpaste on top of the baking soda paste, so that I \_\_\_\_\_ of the baking soda as well as the effect of the \_\_\_\_\_ and I don't have to experience that \_\_\_\_\_ that I had with brushing with the straight baking soda \_\_\_\_\_.